

DOI: 10.29289/259453942018V28S1083

# BREAST PAIN/MASTALGIA DUE TO A FOREIGN BODY IN A PSYCHIATRIC PATIENT: CASE REPORT

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**Objectives:** To report a case of indication of bilateral mastectomy in a psychiatric patient with breast pain/mastalgia due to a foreign body. **Methodology:** Case report obtained at HC-UFG. The data were collected from medical records and the findings. **Results:** In 02/12/17, during an opportunistic screening campaign for breast cancer, executed by the Mastology Program from Advanced Center for Breast Diagnosis and Academic League of Breast, conjoined with the Municipal Health Secretary from Rubiataba, the patient M.V.S., female, 43 years, birthplace Rubiataba, was examined and referred to the HC-UFG Mastology Department to evaluate the indication of total adenomastectomy. The patient refer that 3 years ago, after her husband death, she developed a severe depressive disorder, which is currently in remission due the treatment. The patient, M.V.S, reports that 3 months later she suffered from sexual abuse that evolved to a bilateral breast pain/mastalgia. During the screening campaign the mammography performed on 29/11/17 was analyzed and evidenced 22 needles in the right breast and 24 in the left one. The patient says that the needles were inserted by the abuser, however the family claims that the patient inserted by herself. In 18/12/17 The Mastology Department requested a psychiatric evaluation, which of was diagnosed with slight intellectual disability, limit intelligence, depression in remission, and humor disorder, without psychiatric contraindication to the chirurgic procedure. Then, the Mastology Department discussed the therapeutic proposal of bilateral adenomastectomy for the excision of the injured tissue and foreign body and the possibility of reconstruction with saline or silicone prostheses. The patient is following up with Tamoxifen 10mg for relieve of breast pain/mastalgia and the service still analyzing the viability of the reconstruction with the breast prosthesis, considering new insertions of foreign body can generate even more damages.